

Ginger Carrot Soup

Nutrition Facts

Valeur nutritive

2 serving (250 g) /

Amount Per Serving / Teneur par portion

Calories / Calories 90 (377 kJ)

% Daily Value / % valeur quotidienne*

Total Fat / Lipides 2 g	3%
Saturated / saturés 0 g	2%
+ Trans Fat 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 280 mg	12%
Carbohydrate / Glucides 18 g	6%
Fibre / Fibres 4 g	15%
Sugars / Sucres 6 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	50%
Vitamin C / Vitamine C	10%
Calcium / Calcium	4%
Iron / Fer	10%

INGREDIENTS: water, l'eau, carrot, carotte, onion, oignon, ginger, gingembre, canola oil, huile de canola, vegetable base, base végétale, salt, sugar, sucre