

Roasted Buttercup Squash Soup

Nutrition Facts	
Valeur nutritive	
2 serving (250 g) /	
Amount Per Serving / Teneur par portion	
Calories / Calories 70 (293 kJ)	
% Daily Value / % valeur quotidienne*	
Total Fat / Lipides 0 g	1%
Saturated / saturés 0 g	1%
+ Trans Fat 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 350 mg	15%
Carbohydrate / Glucides 17 g	6%
Fibre / Fibres 3 g	13%
Sugars / Sucres 4 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	10%
Vitamin C / Vitamine C	35%
Calcium / Calcium	6%
Iron / Fer	10%

INGREDIENTS: buttercup squash, courge de butttercup, water, l'eau, onion, oignon, ginger, gingembre, salt, coriander seed, graine de coriandre, vegetable base, base végétale, cumin