

# Spicy Tomato Mushroom Soup

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
2 serving (250 g) /	
<b>Amount Per Serving / Teneur par portion</b>	
<b>Calories / Calories 40 (167 kJ)</b>	
<small>% Daily Value / % valeur quotidienne*</small>	
<b>Total Fat / Lipides</b> 0 g	<b>0%</b>
Saturated / saturés 0 g	<b>0%</b>
+ Trans Fat 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 540 mg	<b>22%</b>
<b>Carbohydrate / Glucides</b> 8 g	<b>3%</b>
Fibre / Fibres 2 g	<b>9%</b>
Sugars / Sucres 5 g	
<b>Protein / Protéines</b> 3 g	
Vitamin A / Vitamine A	15%
Vitamin C / Vitamine C	20%
Calcium / Calcium	4%
Iron / Fer	4%

INGREDIENTS: stewed tomatoes, tomates cuites, water, l'eau, button mushroom, champignon, onion, oignon, chili sauce, sauce à piment, salt, ginger, gingembre, garlic, ail, vegetable base, base végétale, basil, basilic, pepper, poivre